


Association of Social Participation with Life Satisfaction Among Adults in Super-aged Japanese Communities: A Cross-Sectional Study



Shigekazu Ukawa^{1,*} , Yusuke Kato², Yonggeun Lee³, Masaaki Sugiyama⁴, Hiroko Saito⁵, Kazuoki Ohara⁶ and Kazuhiko Mori¹

¹Graduate School of Human Life and Ecology, Osaka Metropolitan University, Osaka, Japan

²College of Human Life and Environment, Kinjo Gakuin University, Aichi, Japan

³Graduate School of Engineering, The University of Tokyo, Tokyo, Japan

⁴Urban Resilience Research Center, Osaka Metropolitan University, Osaka, Japan

⁵Graduate School of Urban Social and Cultural Studies, Yokohama City University, Kanagawa, Japan

⁶Faculty of Urban Innovation, Yokohama National University, Kanagawa, Japan

© 2026 The Author(s). Published by Bentham Open.

This is an open access article distributed under the terms of the Creative Commons Attribution 4.0 International Public License (CC-BY 4.0), a copy of which is available at: <https://creativecommons.org/licenses/by/4.0/legalcode>. This license permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

*Address correspondence to this author at the Graduate School of Human Life and Ecology, Osaka Metropolitan University, Osaka, Japan; E-mail: ukawa@omu.ac.jp

Cite as: Ukawa S, Kato Y, Lee Y, Sugiyama M, Saito H, Ohara K, Mori K. Association of Social Participation with Life Satisfaction Among Adults in Super-aged Japanese Communities: A Cross-Sectional Study. Open Med J, 2026; 13: e18742203432106. <http://dx.doi.org/10.2174/0118742203432106251105070829>



Received: August 12, 2025
Revised: September 01, 2025
Accepted: September 16, 2025
Published: January 20, 2026



Send Orders for Reprints to
reprints@benthamscience.net

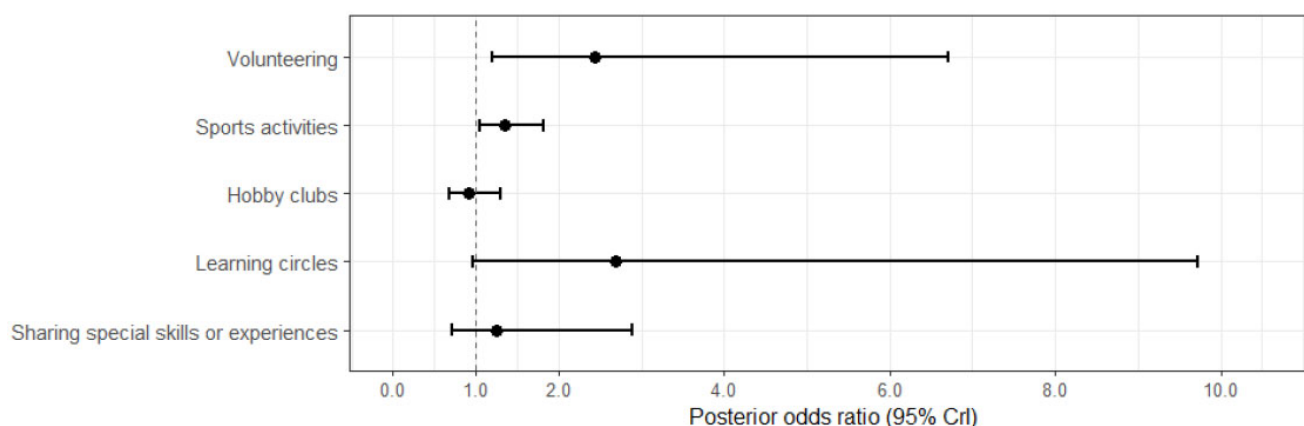


Fig. (S1). Forest plot showing posterior Odds Ratios (ORs) and 95% Credible Intervals (CrIs) for the association between five types of social participation and life satisfaction among Japanese adults. Results are based on the fully adjusted Bayesian logistic regression model (model 3).